

Getting Started (recommended Session 1 – Week 1/2)

Students are new to OSU and in many cases new to college. Students may be feeling overwhelmed by their new surroundings and may have many questions about the campus or their classes. Faculty and peer mentors can help by providing students with a friendly face and be there to provide support and let them know that they are welcome and belong at OSU.

Preparation for Session:

Peer mentor distributes 1 copy per person (mentors and students)

- “Circles of Myself”
- Mentoring Agreement

Purpose/Focus:

- Begin to get to know students as individuals
- Discuss expectations and goals for the mentoring experience
- Finalize schedule for the remainder of this term’s meetings

Suggested Agenda:

1. Icebreaker activity (estimated time: about 10 minutes)
 - Mentors and students take turns sharing a fun fact about themselves that people would not be able to guess
2. Circles of myself activity (about 20 minutes)
 - Students and mentors fill out handout and discuss
3. Sharing goals and expectations (about 20 minutes)
 - Ask students to share what they are hoping to get from their mentoring experience and why they opted to participate
 - Next, mentors share their hopes and goals for the program
 - If haven’t done so already, decide as a group on how to contact each other (e.g., email, MS Teams, text) and when/where you plan to meet for the remainder of the fall term
 - Feel free to use the Mentoring Agreement (or similar) if you choose to set your goals and expectations down in writing
4. Suggestion: Mentors share about one of their favorite places on campus – consider visiting or meeting at one of more of these spaces during the year